

# AT THE RUBENS

## Royal Victory in Europe Day Afternoon Tea



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## FROM OUR CHEF AND AFTERNOON TEA MANAGER

We are honoured to commemorate the **80th anniversary of Victory in Europe (VE) Day** with this special Afternoon Tea menu. VE Day on **8<sup>th</sup> May 1945**, marked the end of World War II in Europe and was met with jubilant street parties and gatherings across the United Kingdom.

To honour this historic occasion, we are delighted to introduce a **new menu creation for a limited period – the Poppy Cake**. This elegant pastry features **Almond Amatika Mousse, Lemon Jaconde, Lemon Marmalade, and a delicate Poppy Seed Sablé**, all beautifully glazed in black and adorned with a handcrafted chocolate poppy. A symbol of remembrance, peace and resilience, this special addition pays tribute to the spirit of the time.

We hope you enjoy this culinary experience as we reflect on a moment that shaped history, opposite one of the most famous residences in the world, Buckingham Palace.

Best Regards,

**Chef Sarah Houghting**  
(Executive Pastry Chef )

**Kamal Kamal**  
(Afternoon Tea Assistant Manager)

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A RITUAL FIT FOR ROYALTY

## AFTERNOON TEA

**Royal Victory in Europe Day Afternoon Tea, 8<sup>th</sup> May 2025 - £105**  
**Prince & Princess Victory in Europe Day Afternoon Tea, 8<sup>th</sup> May 2025 - £55**

**ENJOY THIS** traditional English occasion at The Rubens at the Palace overlooking the Royal Mews of Buckingham Palace.

The pastry kitchen at The Rubens is led by our talented pastry chef Sarah Houghting, producing the freshest pastries and cakes for our guests to enjoy. With a reputation as one of the best in London, we pay respect to the tradition of Afternoon Tea whilst incorporating fresh twists along the way.

Our delicious Afternoon Tea features mouth-watering pastries, finger sandwiches and scones.

Vegetarian, Vegan, Halal and Gluten-Free options are available.

**We kindly request 24-hours' notice for the above options and any other dietary restrictions or allergies.**

All prices are inclusive of VAT. A discretionary service charge of 15% will be added to the bill.



# P M D ' S

## TEA SELECTION

**P.M. DAVID SILVA & SONS** was established in 1945 during the Plantation Raj in Ceylon's world-famous Dimbula Valley. The company was founded on Brunswick Estate in the fertile Maskeliya Valley as a small independent Tea Shop for tea plantation workers to gather, relax and enjoy a quality cup of tea. The business and the family soon expanded to become a specialist tea transporter and plantation supplier. Today, three generations on, it remains a family company, serving the world's most sought-after teas that are hand plucked and ethically sourced.

### BLACK TEA

#### THE RUBENS TEA, ST JAMES ESTATE, UVA, CEYLON

St James estate was founded by pioneer British planters during the plantation raj in Ceylon. The tea is hand-picked during the height of the Uva "flavoury" season and uniquely crafted for The Rubens at the Palace. The tea is strong and aromatic with a strong bouquet of the classic natural wintergreen flavour. *Perfectly paired with the Roast Pork, Sage & Onion Stuffing, Bramley Apple Sauce.*

#### THE ROYAL JUBILEE TEA BY LOVERS' LEAP TEA ESTATE, NUWARAELIYA, CEYLON

The estate takes its name from two lovers who leapt to their fate. The late HRH Duke of Edinburgh visited this estate on a Royal tour of the island in 1954. The Duke planted a selection of tea bushes during his visit. Lovers' Leap tea was the only tea served and drunk by those in attendance at the state banquet dinners during the Diamond Jubilee celebrations of 2012. The flavours are bright, crisp and clean. *Perfectly paired with the Citrus Pistachio Tart.*

#### MATTAKELLE GOLDEN CURL

A fusion of Japanese and Sri Lanka flavour. Grown on Mattakelle Tea estate on the western slopes of Sri Lanka, the tea is harvested from a Japanese tea bush known as Benifuki that was gifted to the estate. The tea is harvested from one leaf and a bud. It has a natural rosy aroma with a jasmine floral flavour. *Perfectly paired with the Crown Cake.*

#### SOUCHONG

A tea which flourishes at sea level and is gently smoked over cinnamon wood, furnishing it with a fragrant smoked note. The finish in this cup is a whisper of spicy sweetness and splendour. *Perfectly paired with the Smoked Salmon, Caviar & Chive Cream Cheese Sandwich.*

#### PLANTERS' BREAKFAST

Strong and full bodied. Before English breakfast, early tea planters enjoyed the full bodied flavours of Planter's Breakfast in Ceylon. The perfect conditions for creating that rich full taste are found in the Dimbula valley. This is where the award-winning Planters' Breakfast is handpicked. *Perfectly paired with the Barber's Cheddar Cheese & Plum Tomato Sandwich.*

#### PLANTERS' AFTERNOON

The traditional afternoon tea of cakes and sandwiches is best taken with a bright and fragrant tea. The award-winning afternoon tea is handpicked on the rolling hills of Ceylon's Uva region. Ideal on its own or with a splash of milk. *Perfectly paired with the Cheese Scones and Lemon Curd.*

#### PLANTERS' EARL GREY

The most aristocratic of teas is infused with the unmistakable aroma of bergamot. To balance the citrus, you need a bold tea. The Earl Grey is handpicked and infused with a drop of natural bergamot oil. *Perfectly paired with the Cucumber & Dill Crème Fraîche Sandwich.*

#### PLANTERS' MISTRESS

A light, golden tea scented with bergamot, orange and lemon peel that leaves the palate feeling refreshed with a fresh citrus flavour. *Perfectly paired with the Rhubarb and Vanilla Layer Cake.*

#### PRINCE OF WALES BLEND

A tribute to Edward, Prince of Wales, who held this distinguished title from 1911 to 1936. This exclusive blend features a bold black tea, carefully balanced with high-grown gunpowder green tea. To enhance its unique character, the blend is finished with a touch of dried cranberry, adding a subtle sweetness and a hint of tartness. *Perfectly paired with the Hazelnut Roche.*



# P M D ' S

## TEA SELECTION

### BLACK TEA

#### A GARDEN FAIRYTALE

A whimsical blend of black tea. The sweet allure of apple and quince intertwines with the tangy brightness of hibiscus and orange, creating a harmonious symphony.

*Perfectly paired with the Citrus Pistachio Tart.*

#### RADIANT ROSE PEARL

An irresistible combination of high grown pekoe tea with rose petals give a radiant, exhilarating infusion. Radiant Rose has a perfumed nose, which flourishes into a sweet and floral infusion. A sophisticated tea, that can be enjoyed with or without milk.

*Perfectly paired with the Plain Scones.*

#### VANILLA CHAI

A harmonious blend of rich flavours from the spices; nutmeg, saffron and clove, together with the aromas from the vanilla pods which infuse the tea with a natural sweetness and creamy finish.

*Perfectly paired with the Hazelnut Roche.*

#### IMPERIAL CHOCOLATE

Rich, velvety notes of chocolate blend with a robust black tea base, inviting you to savour this perfect harmony.

*Perfectly paired with the Crown Cake.*

#### MANGO SUNSHINE

Low grown black tea from southern Sri Lanka married with mango. A juicy flavourful cup of tea that is ideal on its own or with pastries.

*Perfectly paired with the Fruit Scones.*

### OO LONG TEA

#### MILK OOLONG - FORMOSA

Milk Oolongs are only found in Formosa (Taiwan) and are made by handpicking the Jin Xuan tea plant. Green in colour yet with a buttery, milk flavour. Milk Oolong is an excellent introduction to the world of Oolong tea. Created completely by nature and skill of the tea maker.

*Perfectly paired with the Rhubarb and Vanilla Layer Cake.*

### GREEN TEA

#### JASMINE GREEN

Delicate jasmine blossoms, meticulously layered amidst tender green tea leaves, offering a delightful aroma that transports you to a serene garden in bloom. Sip slowly and savour the harmonious balance of floral elegance and crisp green notes, leaving a lingering sensation of tranquillity and refreshment on your palate.

*Perfectly paired with the Cucumber & Dill Crème Fraîche Sandwich.*

### WHITE TEA

#### SILVER TIPS (Supplement £25)

Drinking Silver Tips is an indulgent experience. Its clear infusion possesses a slight metallic sheen on the surface. Silver Tips are carefully nurtured in perfect microclimate conditions and handpicked only at precise times.

Chosen from a distinct cultivar the unfurled tender buds enter a unique oxidation process, handcrafted to perfection.

*Perfectly paired with the Fruit Scones.*

### HERBAL TEA

#### ROOIBOS

Unique to the Western Cape of South Africa this is a bright orange infusion that is rich in Vitamin C, Iron & Magnesium.

*Perfectly paired with the Citrus Pistachio Tart.*

#### PEPPERMINT LEAVES

A cherished herbal tea that has been used for centuries to aid digestion and leaves a fresh minty tang. *Best enjoyed as an after meal drink palate cleanser or as a digestive aid.*

#### LEMONGRASS & GINGER

Aromatic and refreshing the fusion of fresh, zesty lemongrass with spicy, sweet ginger produces an uplifting herbal concoction.

*Perfectly paired with the Chicken & Grain Mustard Mayonnaise Sandwich.*

#### APPLE CINNAMON

Artful blend of black tea, apple pieces, hibiscus, marigold, liquorice and Ceylon cinnamon gives your cuppa a fruity and spicy twist.

*Perfectly paired with the Fruit Scones.*

# THE ROYAL COLLECTION

Add a little sparkle

## VE Bramble

No.1 Gin, Blackberry Liqueur, Thyme Bitters, Citrus, Ginger

**18**

## THE KING'S SWAN

No.3 Gin, Maraschino Liqueur, Violette, Citrus, Cucumber, White & Red Grapes, Lanson Le Black Réserve

**20**

## ESPRESSO MARTINI

Absolut Vodka, Rubens Coffee Liqueur, Espresso

**19**

## THE CHANGING GUARD

ABA Pisco, Yellow Chartreuse, Citrus, Vanilla, Pineapple & Basil, Lanson Le Black Réserve

**19**

## THE SEVENTH DUCHESS OF BEDFORD

*Tanqueray Gin, Rubens Blend Vermouth, Pink Green Tea, Banana, Matcha*

**19**

## FRENCH 75

Tanqueray Gin, Sugar, Citrus, Lanson Le Black Réserve

**19**

## MIMOSA

Fresh Orange Juice, Lanson Le Black Réserve

**19**

## CHAMPAGNE, PROSECCO & NON-ALCOHOLIC SPARKLING

		125ml	750ml
Lanson Le Black Réserve	12.5%	<b>22</b>	<b>125</b>
Lanson Rosé	12.5%	<b>25</b>	<b>150</b>
Lanson Le Green	12.5%	<b>26</b>	<b>170</b>
Zarlino Prosecco Asolo DOCG	11%	<b>13</b>	<b>55</b>
Wild Idol Rosé	0%	<b>17</b>	<b>95</b>

# THE RUBENS ROYAL

## AFTERNOON TEA

### SAVOURY

English Asparagus & Parmesan Tart  
Wild Garlic Pesto (ve)

### SANDWICHES

Smoked Salmon, Caviar & Chive Cream Cheese  
on Cape Seed Loaf

Roast Pork, Sage & Onion Stuffing, Bramley Apple Sauce  
on White Bread

Cucumber & Dill Crème Fraîche  
on Norfolk Crunch

Chicken and Grain Mustard Mayonnaise, Toasted Almonds  
on White Bread

Barber's Cheddar Cheese & Plum Tomato  
on Onion Bread

### INTERMEDIATE

Rhubarb & Lemon  
Sherbet (ve)

### SCONES

Plain | Fruit | Cheese  
Served with Homemade Seasonal Preserve, Lemon Curd & Clotted Cream

### SWEET

Poppy Cake  
Almond Amatika Mousse, Lemon Joconde, Lemon Marmalade, Poppy Seed Sablé

Coffee Crown  
Mascarpone Mousse, Espresso Creamy, Coffee Genoise

Hazelnut Roche  
Jivara Supreme, Hazelnut Praline, Hazelnut Sablé

Citrus Pistachio Tart  
Lemon Madeleine, Citrus Jelly, Pistachio Whipped Ganache

Rhubarb and Vanilla Layer Cake  
Vanilla Sponge, Rhubarb Cream, Opalys Crémeux

# THE RUBENS ROYAL

## VEGETARIAN AFTERNOON TEA

### SAVOURY

English Asparagus & Parmesan Tart  
Wild Garlic Pesto (ve)

### SANDWICHES

Spiced Egg Mayonnaise & Mustard Cress  
on Harissa Bread

Cucumber & Dill Crème Fraîche  
on Norfolk Crunch

Bea Tollman's Tindle Chicken Sandwich  
on White Bread

Baba Ghanoush, Grilled Vegetables, Vegan Parmesan  
on Spinach Bread

Barber's Cheddar Cheese & Plum Tomato  
on Onion Bread

### INTERMEDIATE

Rhubarb & Lemon  
Sherbet (ve)

### SCONES

Plain | Fruit | Cheese  
Served with Homemade Seasonal Preserve, Lemon Curd & Clotted Cream

### SWEET

Poppy Cake  
Almond Amatika Mousse, Lemon Joconde, Lemon Marmalade, Poppy Seed Sablé

Coffee Crown  
Amatika Mousse, Espresso Creamy, Chocolate Sponge

Hazelnut Roche  
Nyangbo Crémeux, Hazelnut Praline, Hazelnut Brownie

Citrus Pistachio Tart  
Lemon Madeleine, Citrus Jelly, Pistachio Cream

Rhubarb and Vanilla Layer Cake  
Vanilla Sponge, Rhubarb Compote, Crème Pâtissière



# THE RUBENS ROYAL

## VEGAN AFTERNOON TEA

### SAVOURY

English Asparagus & Parmesan Tart  
Wild Garlic Pesto (ve)

### SANDWICHES

Spiced Tofu Egg Mayonnaise & Mustard Cress  
on Harissa Bread

Cucumber & Dill Crème Fraîche  
on Norfolk Crunch

Bea Tollman's Tindle Chicken Sandwich  
on White Bread

Baba Ghanoush, Grilled Vegetables, Vegan Parmesan  
on Spinach Bread

Barber's Cheddar Cheese & Plum Tomato  
on Onion Bread

### INTERMEDIATE

Rhubarb & Lemon  
Sherbet (ve)

### SCONES

Plain | Fruit | Cheese  
Served with Homemade Seasonal Preserve, Lemon Curd & Clotted Cream

### SWEET

Poppy Cake  
Almond Amatika Mousse, Lemon Joconde, Lemon Marmalade, Poppy Seed Sablé

Coffee Crown  
Amatika Mousse, Espresso Creamy, Chocolate Sponge

Hazelnut Roche  
Nyangbo Crémeux, Hazelnut Praline, Hazelnut Brownie

Citrus Pistachio Tart  
Lemon Madeleine, Citrus Jelly, Pistachio Cream

Rhubarb and Vanilla Layer Cake  
Vanilla Sponge, Rhubarb Compote, Crème Pâtissière

# THE RUBENS ROYAL

## GLUTEN-FREE AFTERNOON TEA

### SAVOURY

English Asparagus & Parmesan Tart  
Wild Garlic Pesto (ve)

### SANDWICHES

Smoked Salmon, Caviar & Chive Cream Cheese  
Roast Pork, Sage & Onion Stuffing, Bramley Apple Sauce  
Chicken and Grain Mustard Mayonnaise, Toasted Almonds  
Cucumber & Dill Crème Fraîche  
Barber's Cheddar Cheese & Tomato  
Served on a Selection of Gluten-Free Breads

### INTERMEDIATE

Rhubarb & Lemon  
Sherbet (ve)

### SCONES

Plain | Fruit | Cheese  
Served with Homemade Seasonal Preserve, Lemon Curd & Clotted Cream

### SWEET

Poppy Cake  
Almond Amatika Mousse, Lemon Joconde, Lemon Marmalade, Poppy Seed Sablé  
Coffee Crown  
Amatika Mousse, Espresso Creamy, Chocolate Sponge  
Hazelnut Roche  
Nyangbo Crémeux, Hazelnut Praline, Hazelnut Brownie  
Citrus Pistachio Tart  
Lemon Madeleine, Citrus Jelly, Pistachio Cream  
Rhubarb and Vanilla Layer Cake  
Vanilla Sponge, Rhubarb Cream, Crème Pâtissière

# THE RUBENS ROYAL

## HALAL AFTERNOON TEA

### SAVOURY

English Asparagus & Parmesan Tart  
Wild Garlic Pesto (ve)

### SANDWICHES

Spiced Egg Mayonnaise & Mustard Cress  
on Harissa Bread

Smoked Salmon, Caviar & Chive Cream Cheese  
on Cape Seed Loaf

Cucumber & Dill Crème Fraîche  
on Norfolk Crunch

Chicken and Grain Mustard Mayonnaise, Toasted Almonds  
on White Bread

Barber's Cheddar Cheese & Plum Tomato  
on Onion Bread

### INTERMEDIATE

Rhubarb & Lemon  
Sherbet (ve)

### SCONES

Plain | Fruit | Cheese

Served with Homemade Seasonal Preserve, Lemon Curd & Clotted Cream

### SWEET

Poppy Cake

Almond Amatika Mousse, Lemon Joconde, Lemon Marmalade, Poppy Seed Sablé

Coffee Crown

Mascarpone Mousse, Espresso Creamy, Coffee Genoise

Hazelnut Roche

Jivara Supreme, Hazelnut Praline, Hazelnut Sablé

Citrus Pistachio Tart

Lemon Madeleine, Citrus Jelly, Pistachio Whipped Ganache

Rhubarb and Vanilla Layer Cake

Vanilla Sponge, Rhubarb Cream, Opalys Crémeux

# PRINCE & PRINCESS ROYAL

## AFTERNOON TEA

£45 per child under the age of 12

### SANDWICHES

on White & Brown Bread

Raspberry Jam & Smooth Peanut Butter

Smoked Ham & Cheddar Cheese

Roast Chicken, Pesto Mayonnaise

Roasted Hazelnut Spread

Burford Brown Egg Mayonnaise

### SCONES

Traditional Plain

Fruit

Served with Homemade Seasonal Preserve & Clotted Cream

### PASTRIES

Lemon Drizzle Madeleine

Lemon Curd

Berliner Doughnut

Hakumbi Glaze, Custard Cream

Caramel Marshmallow Tea Cake

Soft Caramel, Vanilla Biscuit

Served with a Milkshake of choice or Hot Chocolate